## **EQUITY AND PUBLIC HEALTH OUTCOMES**

# Heidi Weiss-Beedie Psychogeriatric and Foreign-Born Coordinator

## Howard County Health Department Bureau of Behavioral Health

Promote. Preserve. Protect.

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### **MY ROLES**

Psychogeriatric Program Coordinator – assisting older adults with mental health needs, families, assisted living facilities, HCPD, HCGH, etc.

• FY 2019 Stats (December 2018 – June 2018)

- 15 clients served
- •8 outreach events (health and community fairs)

•4 trainings



Foreign-Born Program Coordinator – assisting foreign-born, undocumented and uninsured Howard County residents, Behavioral Health Navigators at HCGH, community agencies

- FY 2019 Stats
  - 354 evaluation, therapy and medication management visits
  - 4 outreach events
  - 20 clients served per month most see two providers
- FY 2020 Stats, anticipated



### **PSYCHOGERIATRIC COORDINATOR: SERVICES**

GOAL: To facilitate linkages to behavioral health services for the geriatric population (age ~50+) to foster equity in Howard County

- Provide specialized supportive services
  - Discharge and next step planning
  - Evaluation of older adult patients transitioning from state psychiatric hospitals to community placements
- Suggest allocation of funds for emergency shelter during placement transitions
- Provide resources to clients, families and agencies





## **PSYCHOGERIATRIC COORDINATOR: ACTIVITIES**

GOAL: To conduct outreach and education on behavioral health services

- Community Intervention Team Training (HCPD)
- Master Aging Event (50+ Expo)
- World Elder Abuse Awareness Day & Shred Event
- Howard County Multiservice Center Community Fair
- Older Adult Health Outreach Event at Elkridge 50+ Center
- Senior Day at Howard County Fair
- Pride Festival
- Overdose Awareness Day Event
- Chronic Pain Self-Management Program Coordinator





## **PSYCHOGERIATRIC COORDINATOR: PARTNERSHIPS**

- Collaborate with agencies
  - Howard County Office on Aging and Independence
  - Maryland Office on Aging, Behavioral Health (PASRR [Preadmission Screening and Resident Review] Calls)
  - Maryland Coalition on Mental Health and Aging
  - 50+ Centers
  - LHIC Health Aging Workgroup
- Participate in program/policy development related to the geriatric population
  - Older Adult Behavioral Health Policy Summit





## **FOREIGN-BORN PROGRAM: SERVICES**

GOAL: To provide linkages to services for the foreign-born, undocumented and uninsured Howard County population with serious mental illness

Four Eligibility Measures

- Foreign-born: Born outside the US to non US citizens
- Undocumented: No legal residency status in the US, no citizenship, no Green Card; travel visa, work visa or refugee visa has expired;
  "Dreamers" are undocumented; US military veterans can be undocumented
- Uninsured: Have no health insurance and are ineligible for it
- Howard County resident: Must show proof of Howard County residency (utility bill, school registration, MVA ID card, etc.)



## **FOREIGN-BORN PROGRAM: PROVIDERS**

- Psychiatrists:
  - Dr. Xiu-Di Fan, MD (English, Cantonese, Mandarin)
  - Dr. Tanveer Padder, MD (English, Spanish, Urdu, Hindi, Kashmiri, Nepali)
- Therapists
  - Dr. Ana Garcia Fernandez, PhD (English & Spanish)
  - Juana Sancho Davila Moreland, LICSW-C, EFT-C (English & Spanish)
  - Gisela de la Peña Baptiste, LCPC (English & Spanish)
  - Sean Lare, LCSW-C (English, LGBTQ affirmative therapy)



## FOREIGN-BORN PROGRAM: ADDITIONAL RESPONSIBILITIES

Track referrals and invoices for services

- Meet with potential clients to discuss eligibility and provide authorization for evaluations and treatment
- Arrange interpreters from FIRN when needed (Spanish, Portuguese, French, Korean)
- Monitor grant funds for therapy, medication evaluations and management and interpretation





GOAL: To conduct outreach to the foreign-born population, and education on specific behavioral health services available to the population, and on the needs of the population to others

- Attend community outreach events
  - St. John's Latino Health Fair
  - Iglesia de Dios Pentecostal Health Fair
  - Howard County Multiservice Center Community Fair
  - Elkridge Community Fair
  - School health fairs



### **COORDINATOR OF SPECIAL PROGRAMS II, MH**

Heidi Weiss-Beedie Psychogeriatric Coordinator Foreign-Born Outreach Coordinator

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